



Boy Scouts of America  
**TROOP 303**  
Verdugo Hills Council  
Glendale, CA 91201



## SACRAMENTO RIVER TREK

August 1-6, 2009

We will canoe 65 miles down the Sacramento River over a 4 day period. The Sacramento River is California's longest river at 375 miles long. The river was the home of several Indian tribes and was named by early explorers when they saw the river for the first time on the Day of the Holy Sacrament (thus El Rio del Sacramento). The river later became a lumber transportation system as rafts of logs were sent down the river to the sawmill at Sutter's Fort. We will be canoeing these same waters. Requirements for this trip will be the swimming, canoeing, first aid, and wilderness survival merit badges, among others (you will have the opportunity to obtain these badges prior to the trip). We will also learn how to canoe before the trip on treks to Lake Castaic, Big Bear Lake, Owens River and Fiesta Island (Mission Bay, San Diego).

**Estimated Cost:** \$280.00 (payments of \$35.00 will be due on 1/15/09, 2/15/09, 3/15/09, 4/15/09, 5/15/09, 6/15/09 and one final payment of \$70.00 on 7/15/09.

### Itinerary:

8/1/09	La Crescenta to Driftwood – 538 miles by car
8/2/09	Redding to Reading Island – 23 miles by canoe
8/3/09	Reading Island to Massacre Flat - 10 miles by canoe
8/4/09	Massacre Flat to Red Bluff - 24 miles by canoe
8/5/09	Red Bluff to Driftwood – 12 miles by canoe
8/6/09	Driftwood to La Crescenta – 538 miles by car

<b><u>Required Training</u></b>	4/25/09	Canoeing Merit Badge, Lake Castaic
<b><u>Treks:</u></b>	5/2-3/09	Big Bear Canoe Trek
	6/26-28/09	Owens River Trek
	7/17-19/09	Fiesta Island Canoe Trek (Mission Bay, San Diego)

<b><u>Adult Training</u></b>	2/21/09	HAT Outing Awareness
<b><u>Requirements:</u></b>	5/15-16/09	HAT Water Awareness
		Youth Protection Training (online)
		Weather Hazards Training (online)
		Safe Swim Defense (online)
		Safety Afloat (online)
		Completion Of ASM Training (See Mr. Bates)



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**Pack Check:**

Pack check will be held at 6:00 p.m. on July 27, 2009 at Mr. Bates front yard located at 1326 Opechee Way, Glendale, California 91208 to be immediately followed by a barbecue for those that complete pack check.

**How To Sign Up:**

You may (and should) sign up at the next Scout meeting to be held on January 5, 2009 or respond to Mr. Bates at [jbates@jbateslaw.com](mailto:jbates@jbateslaw.com) or (818) 248-1911.

**Please be advised that due to limited campsite availability, the number of participants on the trek will be limited to 20 and attendance will be on a first come, first serve basis and subject to completion of the training treks and merit badge requirements (see above) and we will have a waiting list for those that have not made the sign up sheet. Please note that for adults wishing to attend this trek, you must have completed Assistant Scoutmaster Training – if you have not completed this training, please see Mr. Bates for more details.**